

Birthing Support Person Policy

Protecting the health and safety of our patients, staff and community is our top priority. As a result of COVID-19, patients giving birth are permitted one designated birthing support person for the duration of their hospital stay. Please note: the birthing support person must be the same individual throughout the patients stay.



Screening: The support person will be screened and must pass THP's screening assessment to enter the hospital.



Masking: The support person will be given a Level 1 medical mask to be worn at all times, for the duration of their visit.



In and out privileges: The support person must stay in the room with the mother they are supporting at all times. If you require something off the unit, please speak to your care team.



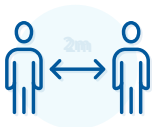
Eating and drinking: The support person is not permitted to eat or drink outside the inpatient room. The nourishment centres on the unit are closed, so please bring food with you for the duration of your stay in the hospital.



Hand washing: The support person must wash their hands with soap and water for 20 seconds or use an alcohol-based hand rub when entering the hospital and before entering a patient care area and room.



Washrooms: Unless you are in a private room, the washrooms in patient rooms are for patients only. We ask that all support persons please use the common washroom on the postpartum unit.



Physical distancing: The support person should maintain two metres (six feet) of distance between themselves and others at all times, including when healthcare providers enter the patient room.

Trillium Health Partners is committed to providing a safe, healthy and supportive environment for all. Please review the policy carefully. Any violations of the above precautions may result in a loss of visiting privileges. These measures are in place to keep you and all visiting families safe. Thank you for your cooperation.