

Frequently Asked Questions (FAQs) Fecal Immunochemical Test (FIT) Positive Colonoscopy Referral

What happens after I submit the FIT-positive referral?

Our FIT Program team will review the referral form and contact your patient directly. The team will provide a date and time for the colonoscopy procedure, as well as a pre-procedure consultation if required. The team will also provide all other relevant information (e.g. instructions for pre-procedure bowel preparation) and answer any questions related to the procedure.

Can I refer directly to my preferred Endoscopist?

As per Cancer Care Ontario's guidelines, FIT-positive colonoscopies must be performed in a hospital setting. As a result, all affiliated Endoscopists at THP will be redirecting FIT-positive referrals to the centralized FIT Program team.

When and where will the procedure occur?

In alignment with Cancer Care Ontario's guidelines, the FIT Program has a target wait time of 8 weeks starting from the date the patient receives an abnormal test result. To ensure timely access to care, patients may be scheduled at either of THP's main hospital sites (Credit Valley Hospital or Mississauga Hospital) during the regular Endoscopy clinic hours (Mon – Fri from 8:00AM – 4:00PM).

What happens after the procedure? How will I receive the results?

Any immediate follow-up appointments or referrals will be provided to patients upon discharge. Our FIT Program team will ensure that procedure notes are shared with you, the referring physician. Please ensure your contact details are accurately filled out on the referral form.

Is there anything else I can do to support my patient's FIT-positive colonoscopy?

Please consider reminding your patient of the following:

- Bring a list of their current medications to the procedure date
- Have a friend or family member who can drive them to and from the appointment
- Highlighting any accommodations or accessibility needs they may have

Our team will review and remind your patient of these and other relevant details in advance of their procedure; however, we greatly appreciate your help in discussing this with them as well.

Where do I go if I have any other questions?

Please feel free to email FITProgram@thp.ca if you have any specific questions. You may also access other relevant information about FIT or THP at www.trilliumhealthpartners.ca.